

- ◆ The Half rack is a compact and heavy duty multipurpose unit that can be used for various free bar exercises such as squats, shoulder press, bench press etc. It also includes dual grip pull ups and storage for plates, bar and your lifting belt and bands. The platform insert provides a solid base for heavy compound movements.

HALF RACK WITH PLATFORM

JBR 130

- ◆ **DIMENSION:**
Length : 136 inches / 345 cms
Width : 104 inches / 264 cms
Height : 94 inches / 239 cms

